



# About LSA

## ABOUT US

We are a sports association committed to helping the community of sports enthusiasts to find their own pathway to success from an academic and athletic perspective.

Through our programs, **in cooperation with prestigious universities** and **sport agencies all over the world**, we want to create a multicultural and challenging environment where you will be guided by professionals throughout your journey.

You will train for a full year in Italy with qualified coaches and you can choose from a broad range of study paths, tailored to your needs.

**Start your sports journey in Europe. Welcome to LSA!**

**PLAN  
YOUR NEXT  
GOAL**



# *Our athletes*

## STUDENTS-ATHLETES CARE

Our coaches **will help you improve and test your skills**, including through participation in **university league matches**.

Following an initial evaluation period, our staff will create a weekly training schedule, incorporating tactical and physical sessions, as well as tryouts with local teams.

Our staff is dedicated to creating a professional and challenging environment where you can nurture your talent and reach your full potential. To further support your development, we also provide individual video analysis sessions with our experts, focusing on specific aspects of your game.

**All training sessions take place in Rome** at a sports center near the university campus.



UEFA LICENSED  
COACHES



UNIVERSITY LEAGUE MATCHES



VIDEO ANALYSIS



INSTALLATION FIELDS NEAR  
UNI CAMPUS AND VATICAN CITY

# Our students

## STUDENT CARE

By enrolling in the LSA sports program, you will receive complimentary consultation services to ensure the correct submission of your visa application and guidance on scheduling your consulate appointment.

Upon your arrival in Italy, you will also receive complimentary assistance with applying for your Italian **residence permit and fiscal code** (Codice Fiscale).

All associated costs are covered, including support in finding suitable accommodation for your stay in Rome.

*Università degli Studi Link* will **host all academic activities** at its impressive *Casale San Pio V* campus in Rome.



VISA APPLICATION



ASSISTANCE FOR ITALIAN RESIDENCE PERMIT AND CODICE FISCALE



SUPPORT TO FIND ACCOMMODATION



ROME, CAMPUS IN THE CITY CENTER

# Training

## SOCCER TRAINING AREAS



01

**INDIVIDUAL TECHNIQUES  
AND TACTICS SKILLS**



02

**LARGE SIDED GAME  
SMALL SIDED GAME**



03

**INJURY PREVENTION  
CORE STABILITY, ARTICULAR MOBILITY**



04

**STRENGTH SESSION  
SAQ (SPEED AGILITY QUICKNESS)**



04

**UPON COACHES REQUEST**

Individual video analysis session.  
Team video analysis session.



### **3/4 Session per week**

Sessions will be scheduled weekly by the coaches, taking into account matches and student academic activities.



# *Program 01*

## **FULL SEASON IN ROME + UNIVERSITY (3 YEAR-BACHELOR DEGREE)**

This program is designed for students who aspire to excel in their soccer careers while prioritizing higher education.

Our partnership with the University in Rome allows us to tailor the ideal study path to your individual needs. You will experience a full season of intensive training and competition while pursuing a three-year university degree taught in English.

Download the brochure or contact us to discover all the opportunities available



# Program 01

## 3 YEAR-BACHELOR'S DEGREE IN ENGLISH IN ROME

in partnership with



### **Global Management**

**Gestione Aziendale  
(L-18)**

#### *Curriculum*

- International management and finance
- Sport Management



### **Political Sciences and international relations**

**Scienze della politica e dei  
rapporti internazionali  
(L-36)**

#### *Curriculum*

- International politics and government



### **Innovative technologies for digital communication**

**Tecnologie innovative per la  
comunicazione digitale  
(L-20)**

#### *Curriculum*

- Innovation and digital



# Program 01

## 3 YEAR-BACHELOR'S DEGREE IN ENGLISH IN ROME

### CURRICULUM SPORT MANAGEMENT

PRIMO ANNO		
Denominazione	CFU	SSD
Business english	6	L-LIN/12
Economics	9	SECS-P/01
Fundamentals of management	9	SECS-P/08
Introduction to private law	9	IUS/01
Mathematics for management	6	SECS-S/06
Principles of accounting	9	SECS-P/07
Digital skills - Digital technologies for business	6	
Other skills	6	

SECONDO ANNO		
Denominazione	CFU	SSD
Accounting and reporting for sports	6	SECS-P/07
Business law	6	IUS/04
Business organization	9	SECS-P/10
Corporations	9	IUS/02
Economics of financial intermediaries	9	SECS-P/11
Governance and management theory of private and public firms	6	SECS-P/07
Quantitative methods for economic decision making	6	SECS-S/06
Statistics	9	SECS-S/01

TERZO ANNO		
Denominazione	CFU	SSD
Athlete management and performance	9	M-EDF/02
Licensing and merchandising for sport	6	SECS-P/08
Organizations and media for sports	6	SECS-P/10
Political economy	9	SECS-P/02
Tax law for sports organizations	6	IUS/12
Elective modules	12	
Work experience	3	
Final dissertation	9	
<b>Totale</b>	<b>180</b>	

in partnership with





# Program 02

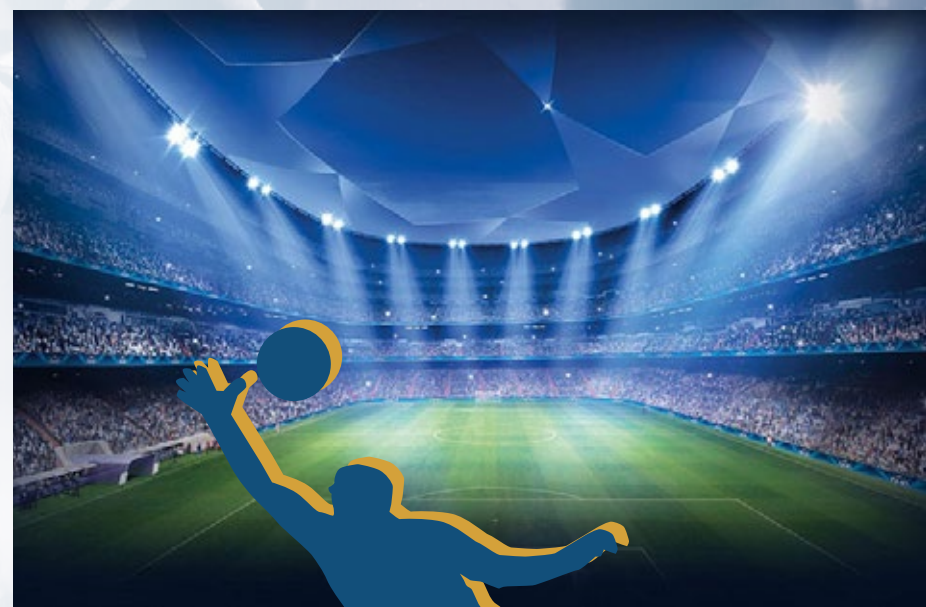
## FULL SEASON IN ROME + MASTER (1 YEAR)

This program is designed for those who aspire not only to play but also to understand the sports industry in all its dimensions.

Through the expertise of professionals who collaborate with numerous teams and sports agencies worldwide, this program provides you with valuable coaching and management knowledge. We will help you find your path to a career in the sport you love.

\*Option to participate without the sports program

\*Internship opportunities available with clubs and sports agencies following the master's program



# Program 02

## INTERNATIONAL MASTER IN SPORT COACHING AND MANAGEMENT (1 YEAR)

LECTURES	60 Cfu
Training methodologies	6
Strength training and conditional training	9
Psychology and neuroscience in sports training	6
Academies and installation centers	9
Marketing in sport business	9
Sport innovation and technologies	6
Law in sports	4
Injury prevention and recovery (Seminary)	3
Nutrition in sports (Seminary)	3
Final project	5





# Program 03

## GAP YEAR IN ROME

This program is ideal for students seeking to immerse themselves in Italy's rich culture.

Alongside our comprehensive training and competition schedule, offered over either three or six months, you will also enroll in an Italian language course or other lectures held in Rome.

You will discover a vibrant university environment in a truly magical city!

**Program 1:** Three-month Italian course 6 CFU, Training methodologies 6 CFU.

**Program 2:** Six-month Italian course 12 CFU, Training methodologies 12 CFU.

**Program 3:** Three-month training methodologies 12 CFU.

**Program 4:** Six-month Training methodologies 12 CFU, sport management 12 CFU, Marketing in sports industry 6 CFU.

\*CFU (University credits)





***Plan your next goal***

[www.linksportacademy.it](http://www.linksportacademy.it)